My Sermon Notes

Name: .....

Date: September 21, 2025

It is today. I heard:

New Sermon Series

Your Best Yes

Sermon: Making the Most of Your Time

Scripture: Ephesians 5:15-17

Check-in!

What after school activities do you do?

Number It!

God gave us the gift of TIME! Number the daily activities in their correct order from 1 to 10.

Think about it!

You've been blessed to bless. Look at the list of actions below. Where do they fit in your day? Draw hands on the clock to show when you can bless someone today!

Invite a friend to play

Help carry groceries

Share a snack

Sit with a new friend

Say positive words

Help someone with their homework

Sing a song to the Lord

Read the Bible with a parent

Trace it!

Since we are given the special gift of time and life:

Be very careful, then, how you live—not as unwise but as wise.

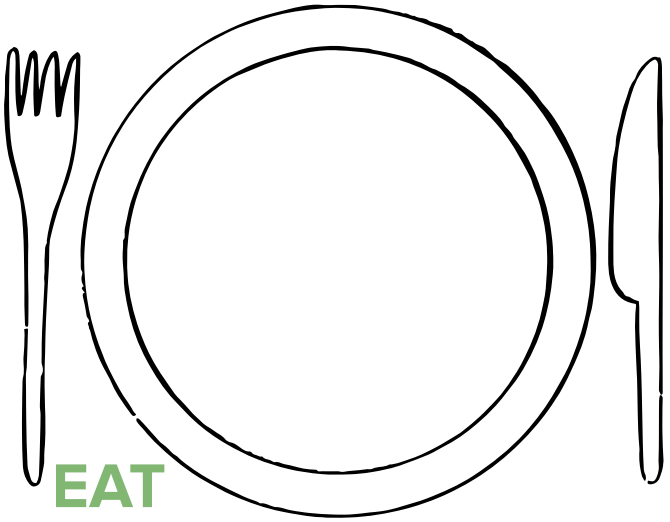
Ephesians 5:15

Plan it!

What does a perfect day with your family look like? Draw or write about it! What would you...

SEE

DO



EAT

SAY



Joke of the Day!



What time of day was Adam created?
A little bit before Eve.

Let's Pray!

Dear God, Thank you for the gift of time. Help us to spend our time on what matters most—living in Christ's love and sharing that love with others. In Jesus' name I pray, Amen.