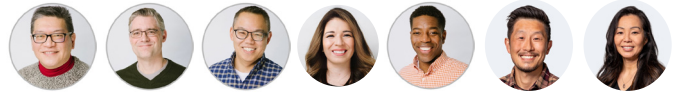


My Sermon Notes

Name:

Date:

It is       today. I heard:



This Week's Fruit of the Spirit: **Self-Control**

Circle-it!

Circle the foods you like!



What did you choose? Are they good for you?

What is self-control?

Having self-control is choosing something that honours God and the ability to stop and think before making a choice.

Draw-it!

Draw something from above that shows self control.



Trace it!

Trace what the bible says about self-control?

Be self-controlled and alert.

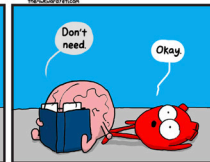
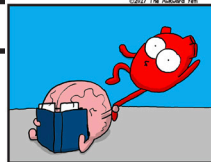
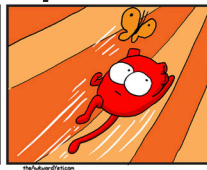
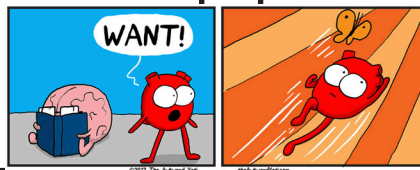
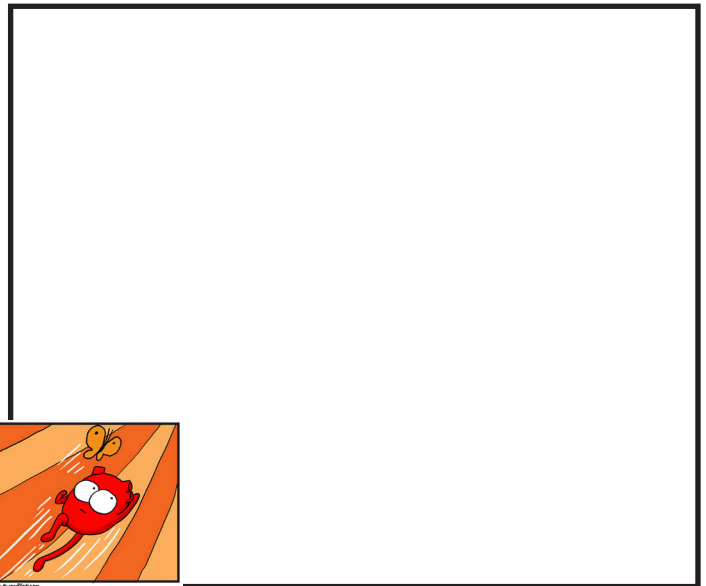
Your enemy the devil prowls

around looking for someone

to devour. 1 Peter 5:8

Make it!

Draw a comic to show when you had self control.



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