

**RESOURCE AND SUPPORT GUIDE**

# CHRISTIAN **SEXUALITY**

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### CHRISTIAN THERAPISTS IN THE GTA HELPING PEOPLE WITH SEX ADDICTIONS

As well as those who have been hurt or victimized by someone else's sexual sins.

#### Kevin Coupland

<https://www.psychologytoday.com/ca/therapists/kevin-joel-coupland-the-coupland-guy-mississauga-on/324688>

#### Kern Stanberry

<https://www.psychologytoday.com/ca/therapists/kern-stanberry-scarborough-on/258774>

#### Paul Scuse

<https://www.psychologytoday.com/ca/therapists/emmaus-counselling-services-markham-on/62082>

#### Stephen Vance

<https://www.psychologytoday.com/ca/therapists/stephen-vance-markham-on/392762>

#### Marianne Deeks

<https://www.psychologytoday.com/ca/therapists/marianne-deeks-newmarket-on/436127>

#### Mike Fischhoff

<https://onthejourney.life/therapists/>

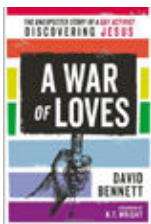
#### Matt Harris

<https://www.psychologytoday.com/ca/therapists/matt-harris-richmond-hill-on/918773>

#### Paul Robertson

<https://www.psychologytoday.com/ca/therapists/paul-robertson-ajax-on/391333>

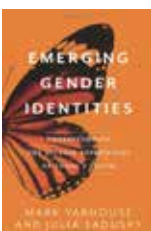
### RECOMMENDED BOOKS ON CHRISTIAN SEXUALITY



#### **A War of Loves: The Unexpected Story of a Gay Activist Discovering Jesus**

by David Bennett

As a young gay man, David Bennett saw Christianity as an enemy to freedom for LGBTQ+ people, and his early experiences with prejudice and homophobia led him to become a gay activist. But when Jesus came into his life in a highly unexpected way, he was led down a path he never would have predicted or imagined. [BUY ON AMAZON](#)



#### **Emerging Gender Identities: Understanding the Diverse Experiences of Today's Youth**

by Mark Yarhouse and Julia Sadusky

An honest, scientifically informed, compassionate, and nuanced treatment for all readers who care about or work with gender-diverse youth. Based on the authors' significant clinical and ministry experience, this book casts a vision for practically engaging and ministering to teens navigating diverse gender-identity concerns. It also equips readers to critically engage gender theory based on a Christian view of sex and gender. [BUY ON AMAZON](#)



### **Divine Sex: A Compelling Vision for Christian Sexuality in a Hypersexualized Age**

by Jonathan Grant

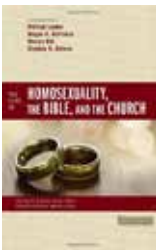
This book offers a persuasive Christian vision of sex and relationships, calling young adults to faithful discipleship in a hypersexualized world. Grant helps Christian leaders understand the cultural forces that make the church's teaching on sex and relationships ineffective in the lives of today's young adults, and offers strategies to help churches disciple people into faithful Christian sexuality. [BUY ON AMAZON](#)



### **The Great Sex Rescue: Lies You've Been Taught and How to Recover What God Intended**

by Sheila Wray Gregoire

Generations of women have grown up with messages about sex that make them feel dirty, used, or invisible, while men have been sold such a cheapened version of sex, they don't know what they're missing. Based on a ground-breaking survey of 22,000 Christian woman, The Great Sex Rescue hopes to turn all of that around, developing a truly biblical view of sex where mutuality, intimacy, and passion reign. [BUY ON AMAZON](#)



### **Homosexuality, the Bible, and the Church: Two Views**

by William Loder, Megan K. DeFranza, Wesley Hill, Stephen R. Holmes

Unique among most debates on homosexuality, this book presents a constructive dialogue between people who disagree on significant ethical and theological matters, and yet maintain a respectful and humanizing posture toward one another. Holding to a high view of Scripture, a commitment to the gospel and the church, and a love for people— especially those most affected by this topic— the contributors wrestle deeply with biblical, theological and pastoral concerns. [BUY ON AMAZON](#)



### **Redeeming Sex: Naked Conversations about Sexuality and Spirituality**

by Debra Hirsch

Nothing has exposed the gap between the church and the broader society quite like the cultural argument over sexuality. There is hope, however. In this work, Debra Hirsch holds a concern for people created in God's image and a high view of the Bible's teaching on sexuality in constructive tension. She offers a holistic, biblical vision of sex and gender that honours God and offers good news to the world. [BUY ON AMAZON](#)



### **Washed and Waiting: Reflections on Christian Faithfulness and Homosexuality**

by Wesley Hill

The reality of loneliness and isolation of the celibate homosexual Christian is something that Hill lives and takes seriously in his pursuit of the gospel-centered life. To those on a similar journey, it's often a life of uncertainties and questions. Hill offers wise counsel that is biblically faithful, theologically serious, and oriented to the life and practice of the church. [BUY ON AMAZON](#)

## **HELPFUL WEBSITES**

### **Andrew J. Bauman**

Helping men become sexually healthy. Books, articles, video courses, teachings, therapy and counselling.

<https://andrewjbauman.com>

### **Center for Faith, Sexuality and Gender**

A hub for theologically sound teaching and practical guidance on questions related to sexuality and gender. The center seeks to address two primary needs in the church. One, to help leaders cultivate a more robust biblical ethic of marriage, sexuality and gender. Two, to help churches and organizations create a safe and compassionate environment for LGBTQ+ people, their families, and anyone wrestling with their sexuality or gender identity. To meet these two needs, we seek to educate not only pastors and leaders, but to help these leaders educate the people they lead by providing small group material, educational videos, podcasts, blogs, youth curriculum, and other resources.

<https://www.centerforfaith.com/what-we-do>

## **PORN BLOCKING SOFTWARE & ACCOUNTABILITY TOOLS**

### **7 Best Porn Blocking Software Apps 2023**

An article that reviews top blocking software options for yourself and your family.

<https://contentmavericks.com/best-porn-blocking-software/>

### **Covenant Eyes**

A powerful accountability tool designed to help you and those you love live free from pornography.

<https://www.covenanteyes.com/>

## **WORKSHOPS AND CLASSES**

### **Freedom Session – A Healing Discipleship Journey**

Freedom Session offers practical strategies in a supportive, Jesus-centered group environment to help you deal with real issues such as pornography, broken relationships, sexual woundedness and abuse, depression, anger, fear and various forms of addiction. Usually beneath these “symptoms” are a wounded and empty heart. Freedom Session is a proven healing discipleship journey that uncovers the roots of pain in your life and invites Jesus to heal those areas of your heart. Program runs from October to March each year at Cornerstone.

**For more info and to join the wait list visit** <https://cornerstonechurch.ca/freedomsession>

## **CHILDREN AND YOUTH RESOURCES**

### **Resources for Parents of Younger Children**

Cornerstone’s Children’s Ministry Director, Kerri McIntosh, offers practical advice and curated resources to help you guide and protect your kids in a “pornified” world.

[www.cornerstonechurch.ca/protectkids](http://www.cornerstonechurch.ca/protectkids)

### **Resources for Parents of Youth**

Cornerstone’s Pastor of Youth Ministries, Kevin White, offers practical advice and curated resources to help you guide and protect your teenager in a “pornified” world.

[www.cornerstonechurch.ca/protectyouth](http://www.cornerstonechurch.ca/protectyouth)