SESSION

01

STARTING WELL: CORNERSTONE STARTER GROUP STUDY

// WE'RE BETTER TOGETHER //

WARM UP

Welcome to Week 1 of your Starter Group! Welcome people as they join online.

ICEBREAKER (10 min)

What is one hobby or interest that makes you feel alive?

OPEN IN PRAYER

WATCH THE VIDEO (03:43)

DISCUSS

- **1.** Think about a significant group of friends or a team you were part of. What made these relationships special?
- 2. What were some ways you grew from these relationships?
- 3. Loneliness is an epidemic in our day. What are some ways you see this? How do you think it affects us?
- **4.** Read Genesis 2:15–20. God is a relational being who creates us in His image to be relational beings. Research shows that the key to a happy and fulfilling life is in the quality of your relationships. Does this come as a surprise to you? Why or why not?
- **5.** What is one thing you hope to experience by being in this group?

PRAYER

Close your time in prayer.

HOUSEKEEPING

Review the <u>Starter Group Agreement</u> and talk about the importance of being on the same page. When ready, group members can sign the agreement.