

FAITH HEROES

LESSONS TO HELP YOU FACE A CRISIS

STUDY GUIDE | JULY 17, 2022

HEROES OF FAITH: ELIJAH

3 LESSONS FROM ELIJAH FOR FACING A CRISIS:

- Name your reality.
- Identify your assumptions about how God works.
- Don't always look for God in the spectacular, he usually shows up in the subtle.

LET'S TALK

1. What is one thing that stood out most for you from this week's message?
2. What have you found hardest about this pandemic?
3. Read 1 Kings 19:5-6. How did God deal with Elijah in his depression? Does that surprise you? How does that encourage you? What are some ways you can care for your body, mind and soul?
4. In the Old Testament, Mount Sinai was the place where people would meet God. What are some ways you meet with God?
5. The Hebrew words for desert and to speak are powerfully connected. Has there been a desert season you've gone through? In what ways was it hard? In what ways did God speak to you?
6. Pastor Jeremy shares three lessons from Elijah's story.
 - a) Name your reality.
 - b) Identify your assumptions about how God works.
 - c) Don't always look for God in the spectacular, he usually shows up in the subtle.

Which of these do you resonate with the most right now?

7. Pastor Jeremy shared a story about wanting to go to Italy but finding yourself in Holland. If you're in "Holland" right now, what are some unexpected gifts and blessings you're experiencing? This week, whenever you feel discouraged by your situation, say this breath prayer: Welcome to Holland.

LET'S PRAY: Spend some time in prayer (for each other, for our community and for the world).

This resource and additional study guides are available at cornerstonechurch.ca/sermons
For more group resources including icebreakers, group activities, serving and other meeting ideas, visit cornerstonechurch.ca/onlinegroupideas
