SESSION 1

STARTING WELL: CORNERSTONE STARTER GROUP STUDY

// SUPPORTING EACH OTHER TO GROW IN FOLLOWING JESUS //

WARM UP

Enjoy the snacks and your time of connecting.

Everyone select a **Group Role** to try this week.

Choose an Icebreaker to play.

OPEN IN PRAYER

WATCH THE VIDEO (05:10)

DISCUSS

- 1. Think about an area in your life where you've grown over time (eg. a skill, health, hobby, relationships, career). What did you do to get better?
- 2. Consider this definition of discipleship: **BEING with Jesus, to LEARN from Jesus how to BECOME like Jesus.** What do you like about this definition? How is it different from other ways you've thought about discipleship or spiritual growth?
- **3.** Read Ephesians 4:15–16. Paul compares the way we grow to different parts of a body helping each other. Why do you think he uses this image?

- **4.** In this and other passages, the distinguishing characteristic of true followers of Jesus is that they are growing in love. How does this definition of spiritual maturity compare with other definitions you've come across?
- **5.** In the Bible, there are over 50 "one another" commands. Below are a few examples. Which one are you most drawn to? Which one do you find the most challenging?
 - Accept one another (Romans 15:7)
 - Encourage one another (1 Thessalonians 5:11)
 - Build up one another (Romans 14:19)
 - Spur one another on towards love and good deeds (Hebrews 10:24)
 - Pray for one another (James 5:16)
 - Confess your sins to one another (James 5:16)
 - Bear with one another in love (Ephesians 4:2)
 - Speak the truth to one another (Ephesians 4:15)
 - Love one another (John 13:34)

PRAYER

Divide into groups of two or three. Share a prayer request for yourself. Pray for each other.

HOUSEKEEPING

Decide on how you'll keep in touch during the week. The person who chose the **Connector Role** can help the group stay connected.