



SIGNPOSTS OF HOPE IN A SUFFERING WORLD



STUDY GUIDE | OCTOBER 17, 2021

SPIRITUALITY

THE POINTS FROM THIS WEEK'S MESSAGE WERE:

- The Three Dynamics of Spirituality:
 - Pursue Spiritual Renewal
 - Regulate Soul Care
 - Engage in Mission

LET'S TALK

1. What impacted you the most from this week's message?
2. What comes to your mind when you think about the word spirituality? Does it carry mainly positive or negative connotations?
3. In his message Pastor Andrew says:
"Our human connection with God-reality and God-presence is not static, ritualistic or procedural but dynamic, relational and interactive connection between God and Christ-followers – it is an all-of-life spirituality that is expressed in every component of life, moment by moment, rather than segregated to sacred rituals, practices or participation in religious events like annual festive celebrations, weekly Sunday worship, or small group gatherings."

How does this view of spirituality compare with other views you may have come across or may have even held yourself?

4. Read Jesus' conversation with Nicodemus in John 3:1-8. How do you think Jesus' words challenge Nicodemus' ideas about spirituality? What challenges you most about these words?
5. Which, if any, of the three dynamics of spirituality outlined in the message do you feel drawn to at this point?
6. What is one thing you can do this week to experience the kind of spirituality that God intended us to have?

LET'S PRAY: Spend some time in prayer (for each other, for our community and for the world).

This resource and additional study guides are available at cornerstonechurch.ca/sermons

For more group resources including icebreakers, group activities, serving and other meeting ideas, visit cornerstonechurch.ca/onlinegroupideas
