



# WHO GOD SAYS YOU ARE

STUDY GUIDE | AUGUST 1, 2021

## YOU ARE YOUR MIND

### THE POINTS FROM THIS WEEK'S MESSAGE WERE:

- Your mind is a battlefield.
- Satan is trying to steal your identity.
- 4 Strategies For Fighting the Battle In Your Mind
  1. Name the Lie
  2. Replace the Enemy's lies with God's truth
  3. Create visual reminders
  4. Read God's Word regularly

### LET'S TALK

1. What impacted you the most from this week's message?
2. What image would you use to describe what happens in your mind?
3. Describe a time when not knowing the truth got you into trouble.
4. Pastor Jeremy says, "Satan is so good at deception that most of the time, we don't even realize we're deceived. We just think, This is how things are." Do you agree with this statement? Why or why not?
5. Read 2 Corinthians 10:3-5. Paul says that the Enemy establishes strongholds in our minds. How does the Enemy establish these strongholds? What is God's plan to fight against them?
6. Read Philippians 4:8-9. What truth do you most need to claim right now?
7. Throughout the Bible, God tells his people to create visual reminders like writing signs, building memorial stones or eating special meals. How do you think doing these things helped the people remember their identity?
8. What visual reminder can you create to remind yourself of your identity?
9. What is one way this week you can pay more attention to your thoughts to make sure they're aligned with God?

**LET'S PRAY:** Spend some time in prayer (for each other, for our community and for the world).

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