



# FOLLOWING JESUS

## FIND YOUR NEXT STEP

STUDY GUIDE | JUNE 6, 2021

## EXPERIENCE Jesus' Care & Healing

THE POINTS FROM THIS WEEK'S MESSAGE WERE:

### 3 Lessons For Healing

- Admit that you're powerless
- Take action
- Have faith in Jesus

### LET'S TALK

1. What has been the hardest thing for you this past year?
2. Read Matthew 5:25-34. The woman was ostracized by her community because of her blood condition and the negative stigma associated with it. Who do you think are some people our culture ostracizes because of a negative stigma?
3. A "drug of choice" is whatever people turn to when life gets hard and they want to escape the pain. What do you think are some "drugs of choice" that people turn to? What do you think the appeal is? Why do you think it might be hard to give up?
4. Pastor Jeremy says that this woman, "... admits that she's powerless. This might be the hardest thing you ever do. Why? Because our culture values strength and independence not vulnerability and weakness. Even if you are weak, you're not supposed to admit it. You're supposed to fake it til you make it."

Do you agree with this statement? Why or why not?

5. Read Matthew 17:20. Jesus affirms the woman for her faith although it's flawed and imperfect. (She thought his cloak had the power to heal her.) We're reminded that God cares more that we come to him with the faith that we do have rather than having a "perfect" faith. How does this encourage you to come to Jesus?
6. Read Mark 5:34. Jesus not only heals the woman physically, he also speaks love and significance into the hurting parts of her heart by affirming her identity. Why do you think our identity as a beloved child of God is such a key to our healing?

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This resource and additional study guides are available at [cornerstonechurch.ca/sermons](https://cornerstonechurch.ca/sermons)

For more group resources including icebreakers, group activities, serving and other meeting ideas, visit [cornerstonechurch.ca/onlinegroupideas](https://cornerstonechurch.ca/onlinegroupideas)

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7. What is one way you can come near to Jesus this week to receive the healing that you need?

### **LET'S PRAY**

Spend some time in prayer (for each other, for our community and for the world).

Please keep Cornerstone in your prayers as we anticipate an eventual return to in-person ministries. Use this [Prayer Guide](#) in your personal and small group and family prayer times.