

PRACTICES THAT TRANSFORM YOU

STUDY GUIDE | JANUARY 3, 2021

REALIGN YOUR LIFE: PRACTICES THAT TRANSFORM YOU

THE POINTS FROM THIS MESSAGE WERE:

- There are two aspects of following Jesus faithfully in difficult times:
 - God's part
 - Our part

LET'S TALK

- 1. What impacted you the most from this week's message?
- 2. Have you made any health and wellness resolutions for this year? What are they?
- 3. In the message Pastor Steve reminds us that "faithfulness to Jesus comes with a cost." What price have you paid to be a follower of Jesus?
- 4. Read 2 Timothy 2:1-7. Do you see yourself as a soldier, an athlete or a farmer? Why?
- 5. Pastor Steve quotes Philip Towner as saying that devotion and discipline allow us "to give ourselves to other people when we are tired, to pray when we do not feel like it, and continue in hope" when life is difficult. Has this been true for you in your own life?
- 6. What is one thing you can do this week to engage in the kind of single-minded devotion and discipline that Paul encourages us to have in 2 Timothy?

LET'S PRAY

Spend some time in prayer (for each other, for our community and for the world).

This resource and additional study guides are available at cornerstonechurch.ca/sermons

For more group resources including icebreakers, group activities, serving and other meeting ideas, visit cornerstonechurch.ca/onlinegroupideas

