

My Sermon Notes

Name:

Date:

THINK ABOUT IT!

What rule do you have at your house that you don't like? Why do you think it's a rule? What could happen if you didn't obey it? Sometimes it seems like grown-ups don't have ANY rules!!! They can do whatever they want! But today Pastor Steve is talking about limits. A limit is something that is designed into us by an amazing creator who knows us best! One of my limits is that I need a lot of sleep. You know how much fun I like to have and I love dancing and laughing! But if I don't get enough sleep I get really cranky and cry or get frustrated easily. Can you think of a limit you have?



MATCH-IT!

Unscramble and then match the words to the questions!

Who created Veggie tales?

ojnh

The name of the statue in Steve's opening story

tteorverx

Who came to prepare the way for Jesus?

ywnsiedatl

The type of person who gets energy from being with people

hervliiphs

Fruit of the Day!



Design Your Own Park!

Design your own park, use these icons to help you choose what you'd like to include!



Sometimes our limits are clear at the park, if you're too short for the monkey bars or too big for the baby swing, it's pretty clear that those things are for someone else! Sometimes we need to wait until we're ready or admit that we are growing up! Embracing our limits isn't about giving up. It's about being who God made us to be - the best version! What are you good at? What do you love? Like Pastor Steve said - you can be you and I can be me! We don't need to try to be anyone else.