



SERMON SERIES
EMOTIONALLY HEALTHY SPIRITUALITY

STUDY GUIDE | AUGUST 9, 2020

LIVE IN BROKENNESS AND VULNERABILITY

THE POINTS FROM THIS WEEK'S MESSAGE WERE:

- Guard your heart and pay attention to God's promptings.
- Invite others into your private world.
- Remember: We are all "wounded healers."

LET'S TALK

1. What impacted you the most from this week's message?
2. What do you think of Tim Stevens' observation that there is an "unwritten rule" that believers should wear a mask and always pretend that everything is OK?
3. Does the fact that the Bible portrays the heroes of the faith as broken, weak and imperfect give you any encouragement?
4. Pastor Andrew says, "God doesn't desert us because of our struggles, weaknesses and imperfection, but often we are the ones who give up on God in the moment of crisis." Have you ever felt like giving up on God?
5. Pastor Andrew quotes François Fénelon as saying, "'Of course [God] wants you to be happy, but that is not His highest aim. God's glory and His purpose are the end of all things. So seek out the eternal purpose of God and get in line with it.'" How would our lives be different if our aims and God's aims were more in alignment?
6. What is one thing you can do this week to live a more authentic life that acknowledges your brokenness and vulnerability?

LET'S PRAY

Spend some time in prayer (for each other, for our community and for the world).

This resource and additional study guides are available at cornerstonechurch.ca/messages

For more group resources including icebreakers, group activities, serving and other meeting ideas, visit cornerstonechurch.ca/onlinegroupideas