

STUDY GUIDE | SERMON: MARCH 22, 2020

# CONFIDENT COMPOSURE IN CHAOS

## The points from last week's message were:

- Pursue prayer over panic.
- Embrace hope over hype.
- Find opportunity in obstacles.
- Choose service over selfishness.

Have you been able to lean into any of these responses this past week?

## LET'S TALK

1. What impacted you most from this week's message?
2. Read Psalm 46 aloud together.
3. The psalmist describes two seemingly stable and unmovable things – the earth and the mountains collapsing and crumbling away.

Over the past couple weeks, what are some “mountains” that you once thought were secure and immovable that now seem to be on the verge of toppling over (eg. your health and that of your loved ones, schedules, plans, financial future, etc.)?

4. In his message, Pastor Steve says:

Times of crisis are no fun. But they do serve to remind us that true and lasting security can never be found in God “plus” anything else... A crisis like the one we're in is very effective at exposing what your “pluses” are — those things you've been relying on apart from God for your sense of security and well-being.

What are some of your “pluses” that this crisis has exposed for you?

5. In verse 10, the Psalmist says: *Be still and know that I am God*. Many of us find ourselves with more time on our hands than usual because of the disruption to our usual routines.

What is one way you can use your time to be still and experience the presence of God?

## LET'S PRAY

Spend some time in prayer (for each other, for our community and for the world).