

CORNERSTONE

CHRISTIAN COMMUNITY CHURCH



PRAYING ON THE  
**ARMOUR**  
**OF GOD**

# Praying on The Armour of God

(adapted from John Eldredge)

(The following prayer mixes in the text of Ephesians 6:10-20 followed by specific prayer language that you can use to “put on” each piece of armor God provides so you can prevail in battle against the forces of Satan. The prayer helps you understand the meaning of each piece as well.)

**“Therefore, put on the full armour of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist...”**

Lord, I put on the belt of truth. I choose a lifestyle of honesty and integrity. Show me the truths I so desperately need today. Expose the lies I’m not even aware that I’m believing.

**“... with the breastplate of righteousness in place...”**

And yes, Lord, I wear your righteousness today against all condemnation and corruption. Fit me with your holiness and purity, and defend me from all assaults against my heart.

**“... and with your feet fitted with the readiness that comes from the gospel of peace.”**

I do choose to live for the gospel at any moment. Show me where the larger story is unfolding, and keep me from being so lax that I think the most important thing today is the soap opera of this world.

**“In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one...”**

Jesus, I lift against every enemy lie and assault the confidence that you are good, and that you have good in store for me. Nothing today is coming that can overcome me, because you are with me.

**“Take the helmet of salvation...”**

Thank you, Lord, for my salvation. I receive it in a new and fresh way from you and I declare that nothing can separate me from the love of Christ (Romans 8:38-39) and the place I will ever have in your kingdom.

**“... and the sword of the Spirit, which is the Word of God.”**

Holy Spirit, show me specifically the truths of your gospel that I will need to counter the assaults and snares of the Enemy. Bring them to mind throughout the day. I remember that when Jesus faced the devil’s temptations in the wilderness, he always countered the Enemy’s lies with, “It is written...” (Matthew 4:1-11)

**“And pray in the Spirit with all kinds of prayers and requests. With this in mind, be alert, and always keep on praying for all the saints.”**

Finally, Holy Spirit, I agree to walk in step with you in everything, in all prayer as I commune with you throughout the day